## 新型冠状病毒感染肺炎防治措施

目前,冬春季呼吸道**传染病高发季节**,要注意室内通风,也要注意防寒保暖,勤洗手,注意个人卫生,加强体育锻炼,避免到人群密集场所活动。有咳嗽、喷嚏时戴口罩或用纸巾、衣物遮挡口鼻,以减少病菌传播。如有发热、呼吸道感染症状,要及时到医疗机构就诊。

## Prevention and treatment of pneumonitis caused by new coronavirus

In the current high season of respiratory infectious diseases during winter and spring, indoor places shall be kept in a good ventilation, and one needs to keep warmth and protect from coldness, to wash hands frequently, pay attention to personal hygiene, as well as to strengthen physical exercise and avoid activities in crowded places. To reduce the spread of germs, please wear a face mask or cover your mouth and nose with tissues or clothing, when you have a cough or sneeze. If you have fever or respiratory infections, go to a medical institution in time.